

AUBURNFAST WINTER CAMP SERIES

DECEMBER 9-10 STARTS, TURNS, & BREAKOUTS

-REFINE YOUR DETAILS FOR CHAMPIONSHIP SEASON

-LEARN FROM THE BEST TO CRUSH YOUR BEST TIME

DECEMBER 29-30 BREASTSTROKE

-LEARN DRILLS AND SKILLS USED BY AU'S ELITE BREASTSTROKE GROUP

*CUSTOMIZED STROKE ANALYSIS AND TECHNIQUE EVALUATION

JANUARY 15TH ELITE STROKE CLINIC & COACHES SEMINAR

*GET AN UP CLOSE AND PERSONAL LOOK AT HOW WE TRAIN AT AU!

LEARN FROM OUR WORLD CLASS COACHES



HEAD COACH BRETT HAWKE



ASSOCIATE HEAD COACH
SERGIO LOPEZ



ASSISTANT COACH
TYLER MCGILL



ASSISTANT COACH





FOR MORE INFORMATION PLEASE VISIT!

AUBURNSWIMCAMPS.COM